# GOVERNMENT OF INDIA
# HEALTH AND FAMILY WELFARE
# LOK SABHA

UNSTARRED QUESTION NO:305
ANSWERED ON:26.07.2006
HEART PATIENTS
Rathod Shri Harisingh Nasaru

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

(a) whether number of heart patients in the country is increasing day by day;

(b) whether the Ministry has conducted any survey to find the total number of heart patients and identify the most vulnerable zones in the country;

(c) if so, the details thereof;

(d) whether the Government proposes to allocate more funds to curb heart diseases;

(e) if so, the details thereof; and

(f) the measures taken by the Government to encourage alternative medicines, Yoga and other Desi/Unani practices for the treatment of heart problem?

## Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH & FAMILY WELFARE (SMT. PANABAKA LAKSHMI)

(a) to (c) Yes, more number of patients with heart diseases are being reported in secondary and tertiary level hospitals. Although there has not been any long term epidemiological study on heart diseases; several cross sectional surveys have pointed out regarding the increase in prevalence in coronary heart diseases. According to the study conducted at Delhi and Vellore by ICMR, a graded increase in the prevalence of heart disease and risk factor(s) has been shown in rural and urban population.

(d) & (e) : The Government proposes to initiate and implement a National Programme for Prevention and Control of Cardiovascular Diseases (CVD) and Diabetes to reduce to adverse health impact of heart diseases, Stroke and diabetes.

(f) Central Council for Research in Yoga and Naturopathy (CCRYN), an autonomous body of the Department of AYUSH, has started a Specialized OPD (Yoga & Naturopathy) for Cardiac Patients in Dr. Ram Manohar Lohia Hospital, New Delhi w.e.f. 18.11.2004 and the same is getting a good response from patients and encouraging results. Morarji Desai National Institute of Yoga (MDNIY), a Yoga Institute which is functioning under the administrative control of the Department of AYUSH is giving yogic treatment to the patients suffering from Hypertension/CAD to get relief from Heart problems under "Special Health Care Programme" . Further it is proposed to take up research project on efficacy of Yoga in Cardio-Vascular Diseases in near future.